

Southwest Iowa Narcotics Anonymous
Minutes for August 9th, 2009

The meeting opened @ 2:35 p.m. by Laura W. with a moment of silence followed by the Serenity Prayer: Laura requested the following be read:

The Twelve Traditions were read by Tim C.
The Twelve Concepts were read by Jeff S.
The Service Motivation was read by Mary R.

III. Roll Call:

Executive Committee:

Chairperson: Laura W.
Vice-Chairperson: Absent
Secretary: Charlotte S.
Treasurer: George R.
RCM: Absent with Report
RCM Alt.: Absent

Sub-Committees:

Literature Chairperson: Matt O.
Activities Chairperson: Absent/Mary reported

PR Subcommittees:

H&I : Tim C.
PI: Jeff S.
Phoneline Liaison: Absent
Web-Servant: Absent with Report
IRCNA Bid Adhoc: Absent

Visitors: Lynn, Mark & Kevin

Groups:

Another Chance: Absent
Clean & Free: Absent
Clean & Serene: Absent
Daylight Again: Rose Y.
Discovery Group: Todd B.
Just For Today: Absent
Living Clean: Absent
Miracles of Recovery: Absent
New Freedom Group: Absent
Never Alone Group: Kevin G.
Nobody's Group: Holly S.
New Way Group: Tim C.
On The Right Track: Jeff S.
Reaching Out: Jeff W.
Rebellions: Anita T.
Saturday Serenity: Don N.
Stairway to Freedom: Absent
Straight Friends: Absent
Straight & Grateful: Absent
Straight Edge: Absent
Visions of Hope: Mary R.

For the purpose of voting the minutes reflect 9 voting groups at the ASC today. (Please note: during reports Rose Y. of Daylight Again stated that the group has decided along with Saturday Serenity to combine votes and Don N. will be the GSR and she will represent the two groups as GSR Alternate.)

IV. Correction & Approval of Minutes: Mary motioned to approve minutes. Seconded by Kevin. M/S/C/U.

Executive Committee Reports:

Chairperson:

Verbal Report

Secretary:

Greetings ASC,

I would like to begin by apologizing for not getting the minutes out to the web-servant, it was a oversight, that I have corrected and that is why the minutes did not get posted to the web in a timely fashion. When I mailed the minutes out this month, I did put in a note asking if they were not being used to contact me by August 15th, and as of this date I have not received any response. I will report more on this at the next ASC. I have a financial request today of \$ 24.29 for minutes printing and mailing.

In Loving Service,
Charlotte S.

Treasurer:

Beginning Balance this month is \$397.66. The bank statement shows a balance of \$397.62 and there is \$.04 still in the bank bag from last month. (For a detailed report see addendum.)

RCM:

Hi Area, I am Mike and I am an addict, I will miss you all today however, my Dad is in Iowa and I do not want to miss an opportunity to spend time with him since he only gets up here a couple of times a year.

I am looking forward to SWINA. Hopefully the word is getting out so that no one will show up at Aldersgate and "Where is everybody!" I unfortunately will miss the Basic Dance because it is the same day as Regional Sub-Committees.

Here it is in a nutshell. Our conscience was to vote "yea" to the amended motion made by Regional Lit to fix our Just For Today, and to address Regional PI about becoming so singularly focused on the State Fair Booth. For example once again we did not offer many meetings to addicts riding in RAGBRAI. Regional PI certainly could have coordinated the effort to help the areas make this possible. Hats off to IRVANA for being one of the few Areas to take the initiative to have a meeting specifically for the riders. Jamie F. the RD is also heading up a work group aiming at a Regional Inventory which may be the perfect place to go with this issue as well as the PI Committee.

There are some IRCNA Standing nominations which I will need a conscience for. I do not currently possess service resumes for the nominees, hopefully if Charlotte would be so kind perhaps she would be willing to be a resource to that end.

Nominees are:

IRCNA Standing Chairperson: Charlotte S.

Treasurer: Dick H.

I apologize. I had Bob K. nominated but I am not sure for what; if he was running against one of the prior two or if there was another open committee position. Again Charlotte may be able to offer some clarification.

I want to mention once more the Living Clean Project which is seeking input from the fellowship. Hopefully there have been addicts in this Area who have given input. I know the deadline is fast approaching. See my July 09 report for more details on this.

We will need to decide if and what to give as a Regional Donation. If there is anything else I will be sure to be in contact with Mike R. so that our Areas conscience will be effectively carried to the Iowa Region. As always thanks for allowing me to serve.

In Loving Service,
Mike VP

Sub-Committee Reports:

Literature:

Verbal Report: Opening of the Bank account will be completed by the middle of next week with the 3 signatures on the account as discussed at the last ASC.

Activities:

Things are going well with SWINA. Everything is in place. Need a bid for Halloween. We have a nomination for Activities Chairperson. Her name is Lynn F. we are willing to wave the clean time which is 3 years clean, and she has two years clean, and if approved she will have a treasurer with 3 or more years clean with the approval of the area.

In Loving Service;
Mary R.

H&I:

Greetings Area, H&I Subcommittee met today along with PI and Activities. We discussed our past goals 1. Contact with Clarinda. 2. Contact with Family Services and 3. Zion in Red Oak. We continue our efforts and encourage your support and or criticisms.

Thanks for the Ability to Serve:
Tim C.

PI:

Greetings Area, not much to report this month. I did talk to a representative from Heartland Family Services concerning the possibility of starting an H&I meeting at one of the facilities. She suggested that might not be the best venue for this type of program. We will be looking at some other options, possibly Mohm's place or the RCF. I will advise when we have more information.

Region has requested that we help man the NA booth at the Iowa State Fair on Friday August 21st. I hope to have more details available concerning times etc. by the meeting time on Sunday. We will be looking for volunteers for this worthwhile opportunity to give back what we have been so freely given.

In Loving Service;
Jeff s.

Web-Servant:

Greetings Area.

Wish I could be here now, but I'm on vacation in Jellystone National Park

...Hey Hey Boo Boo 8)

All is well on the website.

As always I wish for everyone to realize that this is YOUR website. Please give me your feedback. Suggestions, Corrections, Submissions, are appreciated.

I am particularly concerned that the Meeting Directory be accurate. I consider this to be the most important reason to have a website. This is a website for information, not entertainment. Travelers and newcomers depend on this information to be correct. If you've ever needed a meeting and found when you get there that the time, or location has changed, then you know what I mean.

Due to the nature of addiction, the meeting times and locations can change or cease to be rather quickly. I can make the changes to the online Meeting Directory just as quickly.

I hope this can be a resource we can count on. Hell, you could even make your own changes to the printed list from the online list, if we can count on it to be accurate. It's up to you. I need your feedback to make it as reliable as possible.

In Loving Service,
Dave R.

Group Reports:

Daylight Again:

Greetings Area! Our group has decided to combine our efforts with the Saturday Serenity Group for the purpose of service in our community and the SWINA ASC. This seems to be the best way for us to serve our primary purpose.

I will be serving as Alternate GSR. Our group name shall remain Daylight Again. I look forward to serving this Area in my new capacity.

In Loving Service;
Rose Y.

Discovery Group:

Hello Area from Discovery Group:

Meetings have been going well. We have been having 15-25 addicts at our meeting. Good recovery has been being shared. We did have a 19 year chip given out. At this time we have a \$200.00 donation.

In Loving Service:
Todd B.

Never Alone Group:

Hello Area, Never Alone Group recovery is strong. We are looking forward to the Basic Dance this coming Saturday. We have a small literature order and no area donation.

In Loving Service;
Kevin

Nobody's Group:

Hello Family from Nobody's Group

Attendance is good. Hope to see everyone at the Basic Dance. We have a small lit order.

In Loving Service;
Holly S.

New Way Group:

Greetings Area, things are steady. We continue to work out of the Step Working Guide. We are on Step 4. We encourage your attendance. We have a lit order of \$12.49 and a donation of \$50.00.

Come See Us
Tim C.
New Way Group

On the Right Track:

Greetings Area from Saturday On the Right Track,

Meeting attendance remains strong, averaging between 15-25 recovering addicts per meeting. We have no literature order and or contribution this month.

In Loving Service,
Jeff S.

Reaching Out:

Hello from the Reaching Out Group.

Meeting attendance has been good 7-14 addicts attending. We had a good time at the Luau and are looking forward to the Basic Dance. We have no lit order and no donation to the area at this time.

In Loving Service,
Jeff W.

Rebellions:

Our group activity is strong. Tons of Birthdays and 17 newcomers this month. We celebrated a 4 year and a 19 year birthday. Group attendance ranges from 10-25 addicts depending on the day of the week. We have no new announcements for our group, we have no literature order and no donation at this time.

Thanks,
Anita T.

Saturday Serenity:

All is well in our meeting, we have had good participation, clean time celebrations, have been able to be available to newcomers, as well as welcome back valued members who had been away from meetings for a while, and had members return from relapse. The message is out in our community, and we are very grateful for the opportunity to be of service to anyone seeking our way of life and freedom from active addiction.

Our group does have some concerns with regard to area service. There exists an atmosphere of controversy over meeting lists which seems to be more about personalities than principles. This not a new situation, I personally have been aware of it for an awful long time. This animosity has existed for far too long and has only served to undermine our PRIMARY PURPOSE. This situation CANNOT CONTINUE. Individuals involved in the back-biting, cat-fighting, power struggle must be dealt with. WE, THE GROUPS, HAVE THE AUTHORITY TO REMOVE INDIVIDUALS FROM SERVICE. It is time to either GROW UP, and learn how to “Play in the sandbox together”, or GET OUT OF THE WAY. This ASC can no longer be held hostage by a few members for whom getting along with one another is not desired. This continued in-fighting does nothing to further OUR PRIMARY PURPOSE, and HINDERS our ability to GROW AND CHANGE.

This GROUP would be will to help examine any and all OPTIONS concerning this situation, and has made attempts to work with OUR PI COMMITTEE by submitting suggestions via e-mail t that COMMITTEE’S CHAIR-PERSON, but has yet to receive any response. We sincerely hope the reason for no response has nothing to do with the obvious division which currently exists among a very small fragment of OUR members.

This GROUP is looking for alternatives to the UNACCEPTABLE situation. We are leaving NO OPTION off of the table. We might suggest that members look around the REGION, ZONE, WORLD, and see what others are doing. It may be worthwhile to note that the IOWA REGION’S newest AREA (LANA), has more events listed on the Regional web site than ANY other area, AND has a TOLL FREE help line. These things CAN BE and ARE BEING done by GROUPS, AREAS, AND REGIONS THOURHOUT THE WORLD!!! Why can’t WE?

In Loving Service,
Don N.

Visions of Hope:

Meetings are going well with a lot of recovery going on. We have a new GSR Alternate here today, his name is Mark T., please welcome him. Rent is paid, we have a literature order and no donation at this time.

Mary R and Mark T.

VI. Financial Requests:

1. Mary requests \$48.75 for meeting list. Approved expense no vote needed.
2. Charlotte requests \$40.00 for P.O. box rental per ASC Guidelines. Approved expense no vote needed.
3. Charlotte requests \$24.29 for printing of the minutes and mailing cost. Approved expense no vote needed.

VII. Sharing Session:

1. The PI Committee is still trying to gather information regarding what is going on with the Just For Today Group and the Zion Treatment Center in Red Oak. All we know for sure at this time is that the counselors do not recommend the Just For Today group to the addicts who attend Zion Treatment Center. Jeff and Mary will get a contact person at the Treatment Center and set up a time to visit the counselors there.
2. Charlotte stated that it should be noted that at the ASC prior to the Regional meeting and all of new business is Regional business and our RCM or the RCM Alternate is not in attendance.

VIII. Unfinished Service:

- A. ASC and Literature Account Audits: The audits are done, see addendum for full report. There were some suggestions given by Joe W. as to making timely deposits and Charlotte reported that this issue had already been addressed in the updating of our guidelines which state that all deposits are to be made within two business days after ASC. Other suggestions made should be addressed by the ASC soon.
- B. SWINA Meeting List- Once again there was much discussion on the meeting list. It was reported by the Rebellions group that ENNA is aware that we are discussing this issue. Jeff S. stated that the PI Committee will contact ENNA as well as the ENNA PI Committee to make sure they are aware of the upcoming changes. The following questions were asked but no answers were given, and Tim C. stated that there seems to be a lot of questions regarding the meeting lists, and that maybe we get the answers to the questions before we move forward, the questions that were asked at today's ASC with no answers were as follows:
 - a. Have we started getting bids on the SWINA meeting lists-do we know how much it will cost?
 - b. Will ENNA's meetings still be printed on our meeting list.
 - c. Do we need a Metro Area Meeting List and a SWINA meeting list?
- C. Activities Chairperson Nominations: Mary R. nominates Lynn F. for Activities Chairperson. Lynn accepts the nomination as long as Charlotte and Mary continue to help with the position. Anita Seconded the nomination. It was reported to the ASC that Lynn does not have the recommended amount of clean time. Guideline state that it is suggested that the chairperson have 3 years minimum clean time and Lynn has two years clean at this time. Mary R. motioned to wave the clean time, seconded by Anita.

Kevin motioned to table waving the clean time until September ASC, motion seconded by Tim C. 6/3/0. Motion tabled.

Kevin motioned to table voting on nomination until after decision is made on waving of the clean time. Seconded by Tim C. M/S/C/U.

IX. Current Service:

- A. Regional Inventory: Again the RCM and the RCM Alternate are not here to carry any kind of a conscience to the Region. The following statements and questions came from the GSR's on Regional Inventory questions:
 - 1. Discovery Group requests a financial breakdown of what Regional PI spends \$3000.00 per year on.
 - 2. Why is H&I budget only \$500.00 per year, and PI is \$3000.00 per year.
- B. IRCNA Standing Committee Elections. Charlotte suggested since the service resume's were not present at the ASC, asked if it we could get a vote of confidence for the RCM and Alternate to vote on these positions. Unanimous consent for vote of confidence.
- C. Regional Donation: George R. reported that the ending balance is \$540.62. It was suggested by George R. as well as Todd B. to not send a donation to Region until after the SWINA Campout and a financial accounting of the PI \$3000.00 is completed. Mary R. would like to see us to continue to pay it forward and make the donation. Tim made a motion to send \$200.00 to region, and it was seconded by Mary R. 8/0/1. Motion carries.
- D. The Halloween Dance is quickly approaching and it is SWINA's turn to host that dance in Council Bluffs. We will need to bring a location for that function to the next ASC.

X. Flood Meeting: It was decided that he Flood meeting this month will be Atlantic meetings.

XI. 7th Traditions \$22.32

XII. Next ASC September 13th, 2009.

XIII. Meeting closed at 4:28 p.m. with the Gratitude Prayer.

Service Resume for Lynn F.

Clean Date 8/01/07

GSR- Saturday Serenity October 2006 – May 2008

Treasurer – Saturday Serenity October 2006 – Present

Previous Service:

GSR Nobody's Group 1998-2000

Treasurer Nobody's Group 1999-2001

Area Secretary 2000-2001

Audit Report:

SWINA Area

Thank you for having trust & faith in my abilities. It was a fairly simple audit for the Area books. I started back in June 2006 and checked up through May 2009. I marked everything in Red ink as I traveled through the pages. Most of the mistakes that I found were simple math errors, transposing numbers from one page to another, addition and subtracting errors, not logging checks, listing deposits that don't make it to the bank on time to cover written checks etc. The account with Peoples Bank, I came up with a \$75.00 discrepancy. On 1-31-09 the treasurer took credit for check # 1189 not clearing the bank. The check cleared on 12-01-08. The balance with the bank was correct, the treasurer's reports never adjusted to the \$75.00. Since the area switched banks on 3-27-09 everything from then on balances perfectly. I would like to make a few suggestions to help future audits go smoother.

- A.) To create less confusion, I would suggest that the treasurer uses the back of the bank statement to balance and not carrying it over on the written reports.
- B.) It seems that you are putting next months deposits on last months reports and on a few occasions the deposits are not making it to the bank in time creating insufficient funds charges.
- C.) Check and recheck numbers to verify that no numbers have been transposed.
- D.) I am sure your Area has a policy on a time line to make deposits, ensure that it is being adhered to.
- E.) Our Area has created a Vice-treasurer position to help and learn the system to hopefully take over as treasurer after the current treasurer's position is over.
- F.) Area financial reports should be done at the area meeting and not waiting for the bank statement to submit reports. This would eliminate combining this months reports with next months deposits.

SWINA Lit. Committee

I audited this account from 4-30-08 through 5-31-09. This audit was pretty accurate, without the check register, I could not reconcile the \$26.67 difference reported in the July 2009 report. I do have some suggestions for this committee also.

- A.) I am sure that this committee has guidelines regarding depositing funds within a certain amount of time. Adhering to this would also eliminate insufficient fund charges. An example would be December 2008; you had sales of \$275.91 from 12- 8 till 12-15. The deposit listed in December's report but showed up on the January bank statement. Your bank statement for that month showed a negative balance of \$50.50 on 12-31 creating a NSF charge (I noticed that that charge was reversed). If the monies were deposited within a certain time span, you wouldn't have had a negative balance. Just a reminder when making deposits, cash is credited that same day providing it is before 4:00 PM and checks take one more day to clear and the money to be available. Also a reminder, if you are writing checks that will not clear the bank till the funds are available remind people to not go to the bank with that check till a certain date.
- B.) The treasury should always maintain the same cash on hand amount. It was hard tracing the different amounts.
- C.) Again, balance the account on the back of the bank statement.
- D.) With having cash on hand balance, I would suggest that each months receipts be kept with each months reports. This way, it would allow an audit to be simplified. Total income minus cash on hand (should remain the same each month) equals the deposit.
- E.) Again, our Committee has a vice-treasurer position to help and learn.
- F.) Lit. reports should be submitted at the time of the committee meeting vs. waiting for the bank statement to balance. This would eliminate combining this months report with next months deposits.

I think that is all from me, the suggestions are just that and can be looked at by both committees. If I can be of any further service, please don't hesitate to ask. I am always willing to help where I can. Thanks again, I was honored that you thought of me and trusted my ability.

In Loving Service,
Joe W.

RCM Report:

Hi Area I am Mike and I am an addict,

I will miss you all today however my Dad is in Iowa and I do not want to miss an opportunity to spend time with him since he only gets up here a couple times a year.

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ILS

Mike VP