

**Southwest Iowa Narcotics Anonymous**

**Minutes for November 13th, 2016**

**I. Opening:**

The meeting was called to order @ 2:04 p.m. by Mike VP with a moment of silence followed by the Serenity Prayer.

**II. Readings:** requested the following be read:

“The Twelve Traditions”, read by Stacy J.

“The Twelve Concepts”, read by Casey W.

“The Service Motivation”, read by Glenda C.

**III. Roll Call/Visitors:**

**Executive Committee:**

Facilitator: Mike VP.

Co-Facilitator: Dave D.

Recorder: Glenda C.

Treasurer: George R.

RCM: Dave R.

RCM Alt.: **Open**

**Sub-Committees:**

Literature Chairperson: Mary R.

Activities Chairperson: Laura W.

Co-Chair: **OPEN**

**PR Sub-Committees:**

Facilitator: Stacy J.

H&I: **OPEN**

PI/Phoneline Liaison: **OPEN**

Web-Servant: Dave R.

**Groups:**

Harlan GSF: Stacy J. .

Straight Edge: Alisa M.

Discovery Group: Dave R.

Just for Today: Alisa M.

Living Clean: Casey W.

Let It Be: Absent

Recharge Group: Absent

New Way: Absent

New Freedom: Absent

Visions of Hope: Absent

ACW: Lonna C.

Simple Serenity: Absent

Straight Friends: Laura W.

There were 7 out of 13 voting groups at area. **Visitors:** Gary M.

III. **Correction & Approval of Minutes:** Approval of minutes made and passed

IV. **Reports**

**Executive Committee:**

**Facilitator:** Verbal Not received

**Co-Facilitator:** Verbal Not Received

**Recorder:** Greetings Area, Financial request of \$3.00 for copies ILS, Glenda C.

**Treasurer:** Greetings SWINA, Opening balance from Oct was 1178.32 expenses from oct were 51.71 to swina Lit for the PR committee, 4.20 to the recorder for copies, 15.00 to Griswold UMC for rent, and 60.00 to USPS for the PO Box. Donations for Oct were 364.26 from Activities and 14.00 for 7<sup>th</sup> tradition. Our current balance is 1425.69, I Am recommending a donation of 500.00 to the IA Region leaving 925.69.

ILS, George R.

**RCM:** All is good. Region is this month. I will have a financial request later. ILS, Dave R

**RCM Alternate:** OPEN

**Sub-Committees:**

**Literature Committee:** Verbal

**Activities Chairperson:** Greetings Area, All is lined up for the Gratitude Dance, just need to be sure that you all show up and attend. It will be a good time and don't forget your raffle items and appetite. Holiday Bash flyers are here! I am asking for toy donations so that Santa will have help w/his handouts. Activities is providing soup at this event and is asking for side dishes desserts. Please bring the kids! This is a kid-gear event. Bids will be accepted for the New Years Dance. I have a tentative location but nothing set. And do I need to get a DJ for this? I will know more after the Gratitude Dance. Also Im still open for helpers w/Act. C-chair. Let me know.

ILS, Laura W.

**PR Sub-Committees: ( H&I, PI/Phone Line Liaison, Web-Servant)**

**PR Facilitator:** Verbal Not Received

**Group Reports:**

**Discovery Group:** Greetings area. The Discovery Group has changed it's format. We are calling ourselves the Discovery Meditation Group. We're going to streamline our readings and Clean time ceremony to provide time for a meditation at the beginning of the meeting. Then we have sharing time. If everybody who wants to has shared, we will have a second meditation. It has been well received so far...We will see.

ILS, Dave R

**Just for Today:** Red Oak doing well. 4-10 addicts a week. looking forward to gratitude dance.

**Living Clean:** Dear ASC, We've had an average of 10 people per meeting this month. We've given out 7 white key tags, 1-90 day, 2-30 day, 3-multiple years, 2-4 year medallions, and a 1-9 year medallion at our meeting this month. We also have a 24.80 for lit order. We also voted Monday meeting at 6:00 pm starting 11-14-16.

ILS, Casey W.

**Harlan GSF:** Greetings Area from Harlan GSF recorder,

We had 7 total members present at our recent GSF. We have completed taking our group inventory. Overall meetings are going well - Monday night reports 12 addicts in attendance each week over the last month and a \$14.25 lit order, Saturday roughly 8-10 addicts in attendance with no lit order, Thursday has had about 15 addicts in attendance with a \$31.32 lit order, and we are grateful to report that Wednesday attendance is up to 5-6 addicts in attendance over the last 3 weeks. Reminder that Harlan is hosting the Gratitude dance on Saturday November 26<sup>th</sup> at St. Michael's Hall. Doors open at 5pm, dinner at 6pm, meeting at 7pm with dance to follow. Thank you for those that are donating hams, turkeys, and side dishes. We will need to get the \$75 check today as the hall requests to be paid in advance as we have done in the past.

Our jail meeting schedule is working well and we will plan to make a quarterly rotation schedule. We were unable to take an October meeting in do to some rowdy inmates the jail asked that it be cancelled. Gary M., George R., and Sari M. met with Zion in Atlantic on Wednesday 11/9 and are planning on starting up a meeting there soon. Tentatively December 14 from 7-8pm, but will probably wait until the first of the year to get fliers out to make sure things are set in stone and that it works out.

*May need to be addressed as agenda is laid out:*

- 1. Harlan GSF consensus is that area look again at rotating area between Griswold and Council Bluffs in order to create SWINA unity. It was felt that the need for a bid and flier is a major road block in allowing for change.*
- 2. Harlan GSF also took consensus opposing the suggested area meeting schedule of 1:30-2pm subcommittees, 2:30-3:00 open forum, and 3-4p business meeting. We*

*have concerns that there would not be enough time to conduct business in just one hour. One solution might be to do 1:30-2:00 subcommittees, move right to open discussion from 2:00-2:30, provide a 15 minute break, and doe business meeting from 2:45-4:00pm. This would give an extra 15 minutes of business meeting time.*

In Loving Service, Gaylen P.

**New Way:** Absent

**Straight Friends:** Greetings Area, all things are well in Villisca. Had a great Halloween and handed out candy before the meeting and celebrated that way. We had no lit order and no donations however, we are super excited to be hosting the Holiday Bash. Please come. We will be happy to see you and your family.

ILS, Laura W.

**New Freedom:** Absent

**Visions of Hope:** Absent

**Simple Serenity:** Absent

**Recharge Group:** Absent

**Straight Edge GSF:** Clarinda is doing well. finally had enough money to get a \$16.78 lit order. Looking forward to Gratitude dance on Nov. 26th

**ACW:** Verbal Report

**One Life to Live:** Absent

**Let It Be:** Absent

**Financial Requests:** All operating expenses passed.

**Sharing Session:** Turned over to Dave D. at 2:43 pm

Close sharing at 2:52 pm. Break Resume at 3:00 pm

**Unfinished Services:**

**A)** Nominations for Open positions. Phoneline/PI, H&I, RCM ALT, Activities Co-Chair (Casey W. Nominated and passed 6 yes/ 1 abstain) bring back noms for December Area. Would really be nice for 2 people to go to region Remember that the Money for RCM is not just for RCM if anyone else willing to go to region . Dave D. step in to help fulfill H&I positon.

**B)** Tabled for another month. No statements. Need prior statements from June

C) Proposal from Harlan Groups 1:30 Subcommittees—2:30-2:45 Open forum—then business. SQUASHED! Area left the way it is. 1-2 Sub mtg. Then Area starts at 2:00 No Rotation It stays in Griswold unless a group wants to put a Bid/Flyer to Area and voted on for the next month. Inventory- nothing has moved forward. Tabled.

D) Holiday Bash December 17 in Villisca. Flyer to come

E) Flyer Day—Get this finished up. Other places to remember to hang is laundry mats and plasma centers.

F) Pott Co Jail Update: the mens meeting will be set dated on Wednesday evening from 8-9 pm. The womens meeting is yet to be determined. I am asking at this time for a financial request of \$33.69 for release packets to be given to inmates upon release. This pays for 20 packets. Our next meeting for discussion on the Jail Meeting will be on 11-13-16 at \*:00 pm at 313 story St. CB. George R. reports.

### **Current Services:**

A) PR.—in notes but never received sorry☹

B) Regional Donation of \$250?? Proposal and passed leaving a balance of 796.

**Announcements & Flood Meeting:** New Meeting in Atlantic Starting Dec. 14<sup>th</sup> at 7:00 pm at Zion Recovery Outpatient (Southwest Iowa Mental Health center across from hospital) Speaker Meetings 4<sup>th</sup> Saturday of Month in Shenandoah

Closed meeting 7<sup>th</sup> Tradition- \$14.00

### **Outreach Report:**

Greetings Area, As part of the outreach effort last year it was requested that we look into restarting a NA meeting in Atlantic, as it has been 3 years since the meeting there closed. We discussed the idea with 2 longstanding members in Atlantic and there was interest. Zion has moved to Atlantic and we were informed they were having a “recovery” meeting in house. We contacted Kim K at Zion and discussed the possibility of starting an actual NA meeting in house. We were given the information to contact the Zion Administrator and contact was made. A meeting was set on Wednesday

November 9<sup>th</sup>. Due to unforeseen circumstances with PR and no H&I chair, with no other available members, George R, Gary M and I, met with Zion. We are pleased to announce that an NA meeting will be starting at the Zion building December 14<sup>th</sup>; the time is still yet to be determined. I did receive an email letting me know they hope to have the time nailed down on Monday. The members from Atlantic will be keeping the meeting going with hopefully the support of our Area. We will get a flyer out and sent to the web as soon as the time is nailed down. Zion is located in the Southwest Iowa Mental Health Building across from Cass County Hospital.

ILS, Sari M. , Regional Co Facilitator